



COURSE OUTLINE: OEL8004 - COACHING & MENTORING

Prepared: Kate Lawrence

Approved: Lori Crosson, Director, E-Learning and Continuing Education

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| Course Code: Title | OEL8004: COACHING AND MENTORING | | | | | | | | | | | | |
| Program Number: Name | 1061: ECE LEADERSHIP | | | | | | | | | | | | |
| Department: | DISTANCE EDUCATION | | | | | | | | | | | | |
| Semesters/Terms: | 20S, 20F, 21W | | | | | | | | | | | | |
| Course Description: | In this course you will learn about coaching and mentoring using a solution-focused approach, which emphasizes the use of purposeful compliments to both acknowledge and validate an individual's work. The course will cover a range of topics including describing what is meant by solution-focused coaching and mentoring, identifying the differences between coaching and mentoring, and exploring when and how to use each method. Participants will learn about the benefits of using a solution-focused approach, and become comfortable with the coaching and mentoring process. | | | | | | | | | | | | |
| Total Credits: | 2 | | | | | | | | | | | | |
| Hours/Week: | 2 | | | | | | | | | | | | |
| Total Hours: | 30 | | | | | | | | | | | | |
| Prerequisites: | There are no pre-requisites for this course. | | | | | | | | | | | | |
| Corequisites: | There are no co-requisites for this course. | | | | | | | | | | | | |
| Course Evaluation: | Passing Grade: 50%, D | | | | | | | | | | | | |
| Books and Required Resources: | <p>The Early Childhood Coaching Handbook by Dathan D. Rush & M`Lisa L. Shelden Publisher: Paul H. Brookes Publishing Co. Edition: Second Edition ISBN: 9781681252568</p> <p>Please Note: Although the text is focused on Early Childhood Education, the course content is broadly applicable to other professions as well.</p> | | | | | | | | | | | | |
| Course Outcomes and Learning Objectives: | <table><tr><td>Course Outcome 1</td><td>Learning Objectives for Course Outcome 1</td></tr><tr><td>1. Understand the difference between coaching and mentoring</td><td>1.1 Describe the difference between coaching and mentoring and identify when it is appropriate to use each method. 1.2 Apply the steps involved in coaching and mentoring.</td></tr><tr><td>Course Outcome 2</td><td>Learning Objectives for Course Outcome 2</td></tr><tr><td>2. Identify the benefits of coaching and mentoring and associated positive impacts</td><td>2.1 Identify the key characteristics of a good coach/mentor and be able to identify which characteristics already exist and characteristics that can be better developed.</td></tr><tr><td>Course Outcome 3</td><td>Learning Objectives for Course Outcome 3</td></tr><tr><td>3. Understand solution-focused coaching and mentoring</td><td>3.1 Define what solution-focused coaching and mentoring is and describe the role of the coach or mentor in the process. 3.2 Identify strategies for implementing solution-focused</td></tr></table> | Course Outcome 1 | Learning Objectives for Course Outcome 1 | 1. Understand the difference between coaching and mentoring | 1.1 Describe the difference between coaching and mentoring and identify when it is appropriate to use each method. 1.2 Apply the steps involved in coaching and mentoring. | Course Outcome 2 | Learning Objectives for Course Outcome 2 | 2. Identify the benefits of coaching and mentoring and associated positive impacts | 2.1 Identify the key characteristics of a good coach/mentor and be able to identify which characteristics already exist and characteristics that can be better developed. | Course Outcome 3 | Learning Objectives for Course Outcome 3 | 3. Understand solution-focused coaching and mentoring | 3.1 Define what solution-focused coaching and mentoring is and describe the role of the coach or mentor in the process. 3.2 Identify strategies for implementing solution-focused |
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| Course Outcome 2 | Learning Objectives for Course Outcome 2 | | | | | | | | | | | | |
| 2. Identify the benefits of coaching and mentoring and associated positive impacts | 2.1 Identify the key characteristics of a good coach/mentor and be able to identify which characteristics already exist and characteristics that can be better developed. | | | | | | | | | | | | |
| Course Outcome 3 | Learning Objectives for Course Outcome 3 | | | | | | | | | | | | |
| 3. Understand solution-focused coaching and mentoring | 3.1 Define what solution-focused coaching and mentoring is and describe the role of the coach or mentor in the process. 3.2 Identify strategies for implementing solution-focused | | | | | | | | | | | | |



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| | | coaching and mentoring in the workplace. 3.3 Describe the importance of building trust with those you are coaching and or mentoring before using a coaching or mentoring process. 3.4 Describe the Ladder of Inference and the role it plays in being an effective coach or mentor. | | | | | | | | | | |
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| | Course Outcome 4 | Learning Objectives for Course Outcome 4 | | | | | | | | | | |
| | 4. Understand the importance of active listening and bulding trust | 4.1 Describe active listening and how it impacts the coaching and mentoring process. 4.2 Explain how building trust is important in the coaching and mentoring process. | | | | | | | | | | |
| | Course Outcome 5 | Learning Objectives for Course Outcome 5 | | | | | | | | | | |
| | 5. Understand the Coaching Matrix and how it can be applied. | 5.1 Apply the Coaching Matrix to identify suitable individuals for coaching and or mentoring. | | | | | | | | | | |
| | Course Outcome 6 | Learning Objectives for Course Outcome 6 | | | | | | | | | | |
| | 6. Understand how to provide effective feedback. | 6.1 Demonstrate how to provide effective feedback and compliments to individuals. | | | | | | | | | | |
| Evaluation Process and Grading System: | <table><tr><th>Evaluation Type</th><th>Evaluation Weight</th></tr><tr><td>Weekly Assignment 1 @</td><td>5%</td></tr><tr><td>Weekly Assignments 6 @ 10%</td><td>60%</td></tr><tr><td>Written Coaching Assignment</td><td>20%</td></tr><tr><td>Written Mentoring Assignment</td><td>15%</td></tr></table> | | Evaluation Type | Evaluation Weight | Weekly Assignment 1 @ | 5% | Weekly Assignments 6 @ 10% | 60% | Written Coaching Assignment | 20% | Written Mentoring Assignment | 15% |
| Evaluation Type | Evaluation Weight | | | | | | | | | | | |
| Weekly Assignment 1 @ | 5% | | | | | | | | | | | |
| Weekly Assignments 6 @ 10% | 60% | | | | | | | | | | | |
| Written Coaching Assignment | 20% | | | | | | | | | | | |
| Written Mentoring Assignment | 15% | | | | | | | | | | | |
| Date: | January 13, 2020 | | | | | | | | | | | |
| Addendum: | Please refer to the course outline addendum on the Learning Management System for further information. | | | | | | | | | | | |

